

Places to go

Whitsunday Island

Whitehaven Beach lookout

Headland track

970m return. Allow 30min.

400m headland track. Allow 30min.

This is a premier walk. You'll see Whitehaven Beach's 7km shoreline with uninterrupted views. And get a closer look at the enthralling Solway Passage. There's fascinating rock formations and wonderful views of the Whitsunday Island peaks and the islands dotted in a sparkling sea.

Solway circuit

1.2km return. Allow 40min.

Wander along this one-way circuit from Whitehaven Beach uphill to a natural rock platform with spectacular views over Solway Passage and the surrounding islands.

Chance Bay track (off Solway circuit)

3.6km return. Allow 2.5–3hr.

Follow this track through some of Whitsunday Island's more secluded areas to peaceful Chance Bay. This delightful walk branches off the Solway circuit.

Hill Inlet lookout track

1.4km return. Allow 40min.

Take an uphill wander to multiple lookouts for stunning vistas over Hill Inlet's turquoise waters and white, sweeping sands—a highly-significant area to the Ngaro people. Access the track from Hill Inlet or Tongue Bay.

Beach track

500m return. Allow 20min.

Branch off the Hill Inlet lookout track and head downhill to the bright-white, quartz sands of Hill Inlet and across to Whitehaven Beach, considered one of the top 10 beaches in the world.

Dugong-Sawmill track

3km return. Allow 1hr.

Walk under stands of giant rainforest trees and solitaire palms before entering what seems a fairyland of mosses, lichens and fungi on this semi-shaded walk from Dugong Beach to Sawmill Beach.

Whitsunday Peak track

5km return. Allow 4hr.

Walk uphill from Sawmill Beach day-use area to windblown heaths, for impressive vistas from the 'roof of the Whitsundays'.

Whitsunday Cairn track

4km return. Allow 3hr+.

Walk from Cairn Beach—Whitsunday Island's most northerly beach—up to a ridge covered with giant grasstrees. It's steep and challenging, but what a view—simply breathtaking.

Langford Island

Langford Island lookout

300m one way. Allow 20min.

Stroll the mangrove lined shore before gently walking uphill through mixed tall trees, small ferns and orchids. Marvel at the remarkable Whitsunday bottle trees and enjoy views along the island's spit to nearby Black and Hook islands.

Hook Island

Ngaro Cultural Site

340m return. Allow 20min.

Protected from the elements in a once-hidden cave, the Ngaro people adorned the fragile rock surface with their artwork over the last 9,000 years. Clamber up a short, and initially steep track with steps, to a viewing platform at the cave's entrance.

Haslewood Island

Haslewood Island lookout

300m one way. Allow 20min.

Leave Chalkies Beach behind as you walk uphill to the island's rocky headland. Passing through a natural gully of shady eucalypts and grasstrees, you are

rewarded with spectacular island and sea views from the lookout.

Border Island

Border Island

1.2km return. Allow 1hr.

Explore ashore and enjoy Ceteran Bay from above on this short walk. After an initial steep ascent, meander along the island's saddle of native grassland and enjoy views from 2 lookouts.

Places to camp

Whitsunday Island

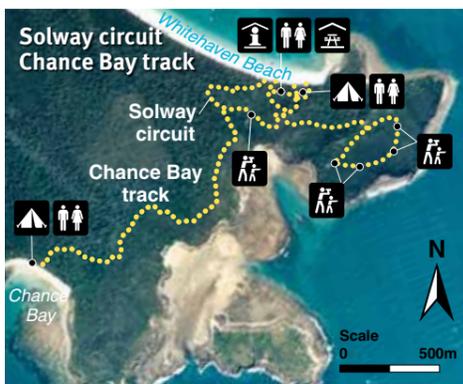
Dugong Beach is a great place to take the kids and can accommodate larger groups, while **Joels Beach** is secluded, but offers great views across to Cid Island. **Cairn Beach** is a kayaker's camping delight.

Hook Island

Boat up to and camp over at Hook Island's **Maureens Cove, Steens, Curlew** or **Crayfish** beaches. Stay a couple of days to snorkel the island's fringing reefs and spend an hour or so at the Ngaro Cultural Site. Start at Nara Inlet—an excellent deep overnight anchorage, accessible at mid to high tide—and leave at least an hour to immerse yourself in the stories of the past.

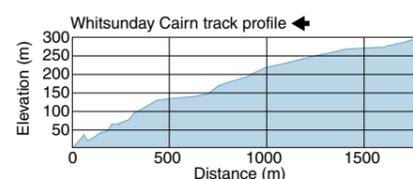
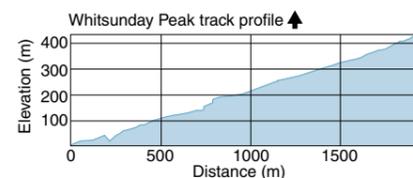
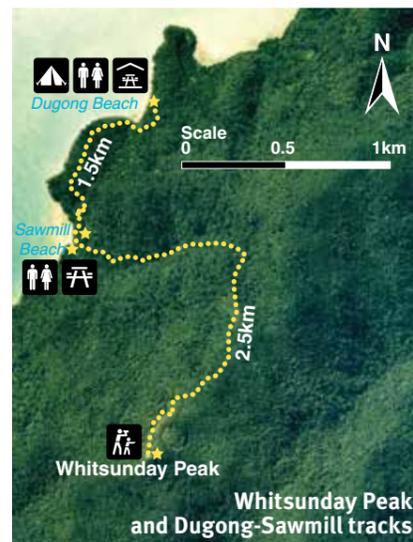
Henning Island

Picnic on the sandy beach, near the **Northern Spit** camping area, and enjoy views of Whitsunday and Hamilton islands. The Spit is accessible by boat at all tides, but is a poor anchorage. Use the public moorings here.



Legend

Whitsunday Ngaro Sea Trail walking track



Island and site name	Map ref. (p4)	Facilities and activities	Beach type	Further information
Whitsunday Islands National Park				
Whitsunday Island				
Dugong Beach	W1	▲ 🚰 🏠 🚶 🏠 🏠	Sand	Camping area backed by rainforest and connected by a 1km walking track to Sawmill Beach. Dugong Beach has better anchorage than Sawmill Beach, but is suitable for shallow draft vessels only. Care must be taken to avoid coral bommies, particularly at low tide.
Sawmill Beach	W2	🚶 🏠 🏠	Sand	Picnic area nestled in vine forest. Walking tracks lead to Dugong Beach and Whitsunday Peak.
Naris Beach	W3	▲ 🚰	Sand	Camping area sits under rainforest canopy, tucked against a steep hill. It has outstanding views of Cid Island. Reef line close to shore with good access at mid to high tide.
Joels Beach	W4	▲ 🚰 🏠 🚶	Sand	Secluded camping area with outstanding views of Cid Island. Fringing reef exposed at low tide. Boat access at mid-high tide.
Chance Bay	W5	▲ 🚰 🏠 🚶 🏠 🏠	Sand	Elevated camping area with views extending to Pentecost Island, Lindeman group and Cape Conway. Boat access at mid to high tide. Difficult to access in south-easterly winds but is good anchorage during northerly winds.
Whitehaven Beach	W6	▲ 🚰 🏠 🏠 🚶	Sand	Spectacular white sands with camp sites nestled in lowland vine forest and eucalypt woodland. Has views to Haslewood Island. Boat access at all tides.
Cairn Beach	W7	▲ 🚰 🏠 🚶 🏠 🏠	Rubble	Surrounded by mountains and excellent views from the Whitsunday Cairn track to Border and Dumbell islands. A large intertidal sand and rock flat is fed by a winding creek behind the beach. Shallow draft boat access. Poor anchorage; use public moorings. Kayaks are perfect.
Hook Island				
Maureens Cove	W8	▲ 🚰 🏠 🚶 🏠	Rubble	Camping area sheltered by pandanus and backed by small creek. Bay offers excellent snorkelling and anchorage. Anchoring is not permitted inside the cove's reef protection markers. Shallow draft boat access at mid to high tide. Poor anchorage. Perfect for kayaks.
Steens Beach	W9	▲ 🚰 🏠 🚶 🏠 🏠	Sand	Camping area set behind the beach and overlooks Hayman Island. A small reef flat provides good snorkelling. Restrictions apply 1 Oct to 31 Mar each year.
Curlew Beach	W10	▲ 🚰 🏠 🚶 🏠 🏠	Sand	Camping area backed by rainforest. Accessible at mid to high tide by shallow draft vessels only. Sheltered anchorage next to camping area.
Crayfish Beach	W11	▲ 🚰 🏠 🚶 🏠 🏠	Sand	Outstanding beauty with extensive reef flat. Camping area sheltered by large rocky headland. Accessible at mid to high tide by shallow draft vessels only. Sheltered anchorage next to camping area.
Manta Ray Bay	W12		Rubble	Excellent diving from boat, small beach with no camping. Use public moorings. Anchoring prohibited in the bay.
Butterfly Bay	W13		Sand	Excellent snorkelling/diving from boat. Use public moorings. Anchoring prohibited in the bay.
Black Island	W14		Sand	This is a popular site for snorkelling/diving, especially at high tide.
Langford Island				
Langford Spit	W15		Sand	Good snorkelling/diving and short walking track with view. All tide access.
Border Island				
Ceteran Bay	W16		Sand	Popular snorkelling/diving site and walking track with great views. All tide access.
Haslewood Island				
Stockyard/Chalkies	W17		Sand	White sands. Poor anchorage. Moorings may assist.
Henning Island				
Northern Spit	W18	▲ 🚰 🏠	Sand	Backed by closed forest canopy. Accessible at all tides, very poor anchorage though moorings assist.
Deloraine Island	W19		Rubble	A more remote day-visit site that is popular for snorkelling.
Hayman Island				
Blue Pearl Bay	W20		Rubble	Good snorkelling/diving site.

⚠️ Whitsunday Cairn and Whitsunday Peak tracks are difficult to traverse and can be slippery in wet weather. You must be well prepared, take plenty of water, have a good level of fitness and wear ankle-supporting footwear to safely complete these tracks.